

# Sports Scholarship - Curriculum

## Year 7/8/9 Programme Breakdown

- Fundamental Core Skills Programme
- Game Awareness
- Tactical & Technical
- Movement Literacy
- Strength & Conditioning
- Nutritional Advice
- Screening Programme
- Individual Player Development Plan
- Individual Testing
- Educational Mentoring

## Year 10 /11 Programme Breakdown

- Fundamental Core Skills Programme
- Game Awareness
- Tactical & Technical
- Movement Literacy
- Strength & Conditioning
- Nutritional Advice
- Screening Programme
- Individual Player Development Plan
- Individual Testing
- Educational Mentoring
- Self-Reviews
- Position Specific Training
- Goal Setting
- Career Planning

## Extra Features:

- Australia tours (rugby) and European football tours (football and girls scholarship)
- Year 9s run the Sports Leaders qualification
- Year 7, 8, 9 run the community sports partnership with Hull University
- Year 7 attend Run With It at the KCOM Stadium to carry out extra maths and English, using sport as the main focus
- Year 12 and 13 run the Hull Kingston Rovers Development Academy
- All ages to undertake officiating courses in their sport
- All ages (both boys and girls) play locally, regionally and nationally (depending on their success)
- Further education leading students towards college placement on Football (soccer) Scholarship in America
- Professional scouting opportunities for football and rugby (have 3x professional rugby players and 1x professional footballer so far)