

ARCHBISHOP SENTAMU ACADEMY



Lunch Menu - Week 4



Monday	Tuesday	Wednesday	Thursday	Friday
Pork Chop G (must order)	Meat Lasagne	Chicken Curry and Rice	All day Breakfast	Fresh Battered Haddock
Cheese and Tomato Pizza VE	Vegetable Lasagne VE	Vegetable Chilli and Rice V VE G	Sausage (not G) Bacon Tomato Beans Scrambled Egg Hash Brown	Savoury Pattie VE Chip Sandwich V VE Curry Sauce V VE/Gravy
Jacket Potato Cheese / Baked Beans V VE G	Jacket Potato Cheese/Tuna/Baked Beans V VE G	Jacket Potato Cheese/ Baked Beans V VE G	Jacket Potato Cheese/Tuna/Baked Beans V VE G	Jacket Potato Tuna / Cheese V VE G
Baked Beans Broccoli Mashed Potato	Baked Beans Mixed Vegetables Wedges	Baked Beans Sweetcorn	Baked Beans Tomatoes Hash Browns	Mushy Peas
Chocolate Muffins	Mandarin or Pineapple Fruit Pot	Jam Doughnuts	Steamed Chocolate Sponge and Custard	Assorted Cookies
Fresh Fruit Low Fat Yoghurts	Fresh Fruit Low Fat Yoghurts	Fresh Fruit Low Fat Yoghurts	Fresh Fruit Low Fat Yoghurts	Fresh Fruit Low Fat Yoghurts

SUPPLIERS: Young's, Premier, Alpine, : Ambient, Dairy and Frozen Foods, Hull Fish for fresh fish Meat Trader Hedon: Provides all Fresh Meats, Regalex Fresh Foods: Dairy, Fresh Fruit and Vegetables. ALL PRODUCTS SUBJECT TO AVAILABILITY

KEY: V= Vegetarian VE = Vegan G = Gluten Free