

# ARCHBISHOP SENTAMU ACADEMY



## Lunch Menu - Week 3



Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese	Chicken Fajita	Salad Bar V VE	Braised Steak G (must order)	Fresh Battered Haddock VE G Batter free must order
	Cheese and Tomato Pizza VE	Macaroni Cheese VE	Cheese and Onion Pasty VE	Savoury Pattie VE Chip Sandwich V VE Curry Sauce V VE/Gravy
Jacket Potato Cheese / Baked Beans V VE G	Jacket Potato Cheese/Tuna/Baked Beans V VE G	Jacket Potato Cheese/ Baked Beans V VE G	Jacket Potato Cheese/Tuna/Baked Beans V VE G	Jacket Potato Tuna / Cheese V VE G
Baked Beans Wedges	Baked Beans Mixed Vegetables Wedges	Baked Beans Sweetcorn	Baked Beans Carrots Roast Potatoes	Mushy Peas Chipped Potato
Rock Buns	Chocolate Muffins	Mandarin or Pineapple Fruit Pot	Steamed Chocolate Sponge and Custard	Assorted Cookies
Fresh Fruit Low Fat Yoghurts	Fresh Fruit Low Fat Yoghurts	Fresh Fruit Low Fat Yoghurts	Fresh Fruit Low Fat Yoghurts	Fresh Fruit Low Fat Yoghurts

**SUPPLIERS:** Young's, Premier, Alpine, : Ambient, Dairy and Frozen Foods. Hull Fish for fresh fish Meat Trader Hedon: Provides all Fresh Meats. Regalex Fresh Foods: Dairy, Fresh Fruit and Vegetables. *ALL PRODUCTS SUBJECT TO AVAILABILITY*

**KEY:** V= Vegetarian VE = Vegan G = Gluten Free